

Women at the Crossroads Therapy Group

✧ *Transición and change*

✧ *creativity, voice, and spirituality*

✧ *Intuition, dreams, feminine wisdom*

✧ *connecting with other women on the journey*

This 12 week group is for women interested in exploring the evolution of their life path, and for women searching for connection and support with and from other women on the journey. Through the use of group process, visualization and creativity, we will examine the process of transition and change. Transitions and Crossroads can include your own aging, relationship changes, career changes and explorations, feeling stuck and wanting to get unstuck, and learning to take up space and find your voice.

Day/Time: TBA
Location: 2538 NE Broadway, Suite C
Cost: \$480 (10% discount if paid in full at first group)
Plus \$40 Intake Session, prior to group start date
Contact: Christina Rose at 503-282-8600

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Christina O. Rose, MA is a licensed professional counselor. She specializes in trauma recovery, grief and loss, relationship issues, and personal empowerment. She provides Individual, couples and group therapy.